

Denair Charter Academy

Course Outline

Course Title: Child Development & Guidance
Grade Level: 9 -12
Elective/Required: Elective
Length/Credits: One semester/5 credits
Prerequisites: None

I. Course Description

Child Development and Guidance provides skills needed for personal living and for transfer to other jobs and careers in the field of education. Areas of study include: parenting skills, prenatal development from conception to birth, child growth and development, guidance and discipline, health and safety, child abuse and neglect, and the value of play. This course is recommended to follow Teen Living in the Child Development and Education career pathway.

II. Instructional Materials:

Required Text:

The Developing Child, Glencoe/McGraw Hill, 1997, ISBN 0-02-64

Supplementary Texts :

III. Course Outline :

- A. Children, Parenting, and You
 - 1. Benefits of studying child development
 - 2. Identify issues that should be considered before deciding on parenting
 - 3. Define "parenting" and discuss what parenting skills are and how acquired
 - 4. Parenting situations: single, teen, surrogate, etc.
- B. Prenatal Growth and Development
 - 1. Signs of pregnancy
 - 2. Biological factors affecting fetal development
 - a. Heredity, genetics
 - b. Nutrition
 - c. Substance abuse
 - d. Bacterial infections
 - 3. Fetal changes during pregnancy
 - 4. Health and emotional risks associated with adolescent pregnancy
 - 5. Components of good prenatal
 - 6. Community resources to assist with prenatal care and family planning; invitro fertilization
 - 7. Costs
- C. The Baby's Arrival
 - 1. Types of delivery

- a. Natural
 - b. Medically assisted
 - c. Cesarean section
 - d. Home birth/midwives
- 2. Complication of birth process
- 3. Bonding
 - a. Breast feeding/bottle feeding
 - b. Close involvement by both parents
 - c. Sense of security and emotional well-being
- 4. Newborn screening
- 5. Postnatal care
- D. Principles of Child Growth and Development
 - 1. Physical, social, emotional, intellectual characteristics
 - a. Responsibilities of the parents
 - b. Responsibilities of other caregivers
 - 2. Ages & stages
- E. Guidance and Discipline
 - 1. Behavior patterns
 - 2. Use of positive reinforcement
 - 3. Development of self-discipline and self-worth
 - 4. Cause and effect of behavior
 - 5. Characteristics of abuse and neglect
 - 6. Reporting abuse and neglect
 - 7. Safety in public
- F. Play Activities
 - 1. Purposes of play
 - 2. Selection of play materials
 - 3. Social play behavior: solitary, parallel, associative, cooperative
- G. Health and Safe Environments
 - 1. Childhood illnesses/accidents
 - 2. Sanitation and nutrition; role-modeling
 - 3. Community agencies and resources providing health care
 - 4. First aid procedures
 - 5. Public laws dealing with health, safety, welfare, and immunization
- H. Adapting to Change
 - 1. Changes that impact children
 - a. Illnesses
 - b. Separation or divorce of parents
 - c. Moving
 - d. Death
 - e. Fears
 - f. Natural disasters
 - 2. Adjustment strategies
- I. Care and Support of Exceptional Children
 - 1. Characteristics of exceptional children
 - a. Gifted or talented
 - b. Sensory impairment

- c. Mental retardation
- d. Speech disorders
- e. Emotional/psychological illness
- 2. Heredity and environmental factors
- 3. Children's need for acceptance
- 4. Agencies assisting families with exceptional children
- J. Careers and Employability
 - 1. Balancing home and career
 - 2. Relate academic skills to employment
 - 3. Explore entrepreneurship possibilities

IV. Expectations for Student Learning

- A. Develop goal selection and decision-making skills and apply this knowledge to child development, care and guidance.
- B. Understand the cycle of development from conception through birth.
- C. Analyze the relationship between the normal development of the fetus exercise, lifestyle, and medical care.
- D. Develop an awareness of the principles of child growth.
- E. Provide opportunities for children to develop their self-concept and to esteem.
- F. Provide positive learning experiences for children.
- G. Recognize factors that contribute to a child's emotional development and sense of security.
- H. Apply knowledge of the principles of child growth and development to the guidance of children.
- I. Recognize appropriate play materials and activities for children at various developmental levels.
- J. Provide opportunities for children to express themselves creatively.
- K. Recognize and provide healthy and safe environments for children.
- L. Assist children to adapt to change.
- M. Understand the care and support required by exceptional children.
- N. Develop an awareness of leadership skills and careers related to education, child development, care, and guidance of children.

V. Instructional Methods

- A. Models
- B. Posters
- C. Pamphlets
- D. Group discussions
- E. Demonstrations
- F. Simulations, role-playing
- G. Teacher lecture
- H. Worksheets, organizers
- I. Reading
- J. Student presentations

VI. Assessment and Evaluation

Daily assignments/activities

Tests

Reports/Projects

Practical applications

Homework

VII. Grading Policy

90 - 100% = A

80 - 89% = B

70 - 79% = C

60 - 69% = D

0 - 59% = F